1. All healthy humans are born with a ___________________ brain.
2. ___________________ is at the center of all our fear and threat responses.
3. Social interactions strongly influence ___________ _________________.
4. Emotions drive ________________ and create _________________.
5. Common brain chemicals involved are S__________________,
   D__________________, C______________________, & A______________________.
6. The longer someone is in an emotional state, the more ___________________ that state becomes.
7. An ideal learning state is P________________, but A____________;
   C______________, but E____________________________.
8. Children involved in daily physical education experience greater
   ___________ performance and a better attitude toward ________________.
9. 2 Big Rules: first eliminate _________________ and then
   ___________________ like crazy.
10. 3 Big Elements of Brain Enrichment are
    N________________________, C_____________________
    & F________________________.
11. The single best way to grow a better brain is through C______________ problem solving.